



CONFIDENTIAL

GMC VOLUNTEER

PERSONAL AND MEDICAL INFORMATION FORM

Volunteer Name (First and Last)

Street Address

City, State, Zip

E-mail Address

Phone – Day

Date of Birth (mo/day/yr)

Phone – Evening

Please circle one: Female / Male

Phone – Other

Date of Last Tetanus Injection (mo/yr)

PERSONAL MEDICAL HISTORY

1. Do you currently take any form of medication? Y / N
2. Do you have any know allergies or reactions to any medication? Y / N
3. Have you ever had a severe reaction to insect bites or stings? Y / N
4. Do you have any other allergies (including iodine)? Y / N
5. Have you recently had, or have you been advised to have any operations,?
6. Have you had any serious illness or injury? Y / N

Please explain fully any questions answered yes and give age at time if applicable:

(Please continue on reverse)

PERSONAL MEDICAL HISTORY CONTINUED

Have you ever had or have you now:

Y / N Swollen/painful joints

Y / N Trick/lock knee

Y / N Muscle/tendon strain

Y / N Excessive leg cramps

Y / N Foot trouble

Y / N Back trouble

Y / N Palpitation/pounding heart

Y / N Pain/pressure in chest

Y / N Shortness of breath

Y / N Frequent/severe headaches

Y / N High/low blood pressure

Y / N Asthma

Y / N Chronic cough

Y / N Dizziness/fainting spells

Y / N Epilepsy/seizures

Y / N Nervous troubles/any sort

Y / N Any drug/narcotic habit

Y / N Excessive drinking habit

Please explain fully any answered yes below:

Do you have any dietary restrictions? Please explain:

I certify that I have reviewed the foregoing information supplied by me and that it is true and complete to the best of my knowledge. If this information changes it is my responsibility to notify GMC of the changes.

Signature of Volunteer

Date

Please return this signed form to the GMC Volunteer Coordinator for placement in your volunteer file.

4711 Waterbury Stowe Road, Waterbury Center, Vermont 05677
Phone: (802) 244-7037 Fax: (802) 244-5867 E-mail: gmc@greenmountainclub.org
www.greenmountainclub.org

Office use only:

Date received: _____